




Organized Sports, Activities, and Guided Recreation
Attachment U
Issued May 8, 2020
Revised May 12, 2020
Part of Phase II

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I. Applicability: This Attachment applies to all organized sports and activities.

- a. Organized Sports and Activities means organizations, associations, business and other entities (“Organization(s)”) that organize sports and/or recreation teams, leagues, camps, clinics, events, or competitions (not including community events). These Organizations typically rent, lease, or enter into agreements to use indoor and outdoor facilities such as courts, fields, rinks, tracks, park, trail, etc. for events, practice, competition, or training. When using a facility, the Organization’s staff, volunteers, and Participants (as defined in Section I.c. below) must follow the mitigation plan of the facility first, and then follow the Organization’s mitigation plan as described in II.a below.

Examples of organizations include, but are not limited to: Alaska School Activities Association, YMCA sports leagues, Anchorage Sports Association, Alaska State Hockey Association, Alaska Native dance groups, Little League, and Alaska Youth Soccer, etc.

- b. Guided Recreation means Organizations that provide guided services to recreationists. If these organizations rent, lease, or enter into agreements to use indoor and outdoor facilities, the Organization’s staff and Participants (as defined in I.c. below) must follow the mitigation plan of the facility first and then follow its own business mitigation plan as described in Section II.a below.

Examples of guided recreation services include, but are not limited to: Alaska Guide Collective, Alaska Alpine Adventures, Alaska Mountaineering School, NOVA Rafting, and Alaska Bike Adventures.

- c. Participants means any person who is participating in the sporting or recreation activity or event, or is the parent or legal guardian of a minor who is participating in the activity or events. If a minor is the Participant, the parent or legal guardian must fill out the required questionnaires and fulfill the assurance required under this Attachment on behalf of the minor child(ren) in their care.

II. Social Distancing

- a. Mitigation Plan
- i. Organizations must follow the mitigation plan of the indoor or outdoor facility they are renting, using, or leasing (hereafter “facility”).

For the latest information on COVID-19, visit coronavirus.alaska.gov
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- ii. Organizations must establish a COVID-19 Mitigation Plan for their Participants during practices, trainings, events, or competition addressing the practices and protocols to protect staff, participants, volunteers, spectators and the public.
 - 1. Make electronic version of the facility and agency mitigation plans available to all interested parties.
 - 2. Educate all involved parties in an age-appropriate manner about the mitigation plans.
 - iii. Post entry signage
 - 1. Notifying the public of the Organization’s COVID-19 Mitigation Plan.
 - 2. Stating clearly that any person with symptoms consistent with COVID-19 may not participate in the activity.
 - 3. Encourage those living or working with individuals at higher risk for COVID-19 related illness not to participate.
- b. Attendance
- i. Organizations are encouraged to pre-register or roster Participants and volunteers. Walk-ins permitted if visitor/Participant log is maintained.
 - 1. Use online or phone for reservations and for roster confirmation.
 - 2. Collect payment electronically and provide paperless receipts.
 - 3. Maintain attendance logs, including phone numbers to facilitate contact tracing of a confirmed exposure.
 - ii. Organizations are encouraged to set a generous refund/deferment policy to encourage sick customers to stay home.
- c. Health status screening – Participants
- i. Organizations will require health status agreements during registration, setting of roster, etc.
 - 1. Electronic agreements are preferred.
 - 2. If the agreement is in person, pens and touch screens must be sanitized before and after each use.
 - ii. Participants must agree not to participate in a sport or activity if they:
 - 1. Are exhibiting the current CDC recognized [symptoms](#) consistent with COVID-19;
 - 2. Have knowingly been in contact with a suspected or positive case of COVID-19 within the past 14 days;
 - 3. Are within 72 hours of exhibiting significant COVID-19 [symptoms](#) or a fever;
 - 4. When recovering from a case of COVID-19, are less than 14 days from onset or less than 72 hours since the end of significant [symptoms](#) or fever; and

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5. Have not been in the state for 14 days symptom free as long as [Health Mandate 10.1](#) – International and Interstate Travel – Order for Self-Quarantine is in effect.
 - iii. Participants must agree to inform someone from the Organization if they do become sick within seven days of participation in Guided Recreation, game, event, sports camp, or practice so that other Participants can be informed that a fellow Participant became sick and they should monitor for symptoms and practice recommended social distancing measures.
- d. Group Size for Organized Sports and Activities.
- i. The Organization must follow the facility’s mitigation plan in regards to group size.
 - ii. Limit the number of Participants per group to current outdoors or indoors numbers specified (room or building) by the state for group gatherings while engaged in physical activity, as described in Health Mandate 016 – Attachment K.
 - iii. Events, games, practices, classes or group workouts must consist of no more Participants than the current numbers specified by the state for group gatherings while engaged in physical activity, as described in Health Mandate 016 – Attachment K, including officials/referees and coaches. Multiple groups can use a facility at the same time if the facility is large enough for them to be strategically placed throughout to maintain distance requirements.
- e. Group Size for Guided Recreation
- i. Limit the number of customers per group to current outdoors or indoors numbers specified (room or building) by the state for people engaged in physical activity, as described in Health Mandate 016 – Attachment K.
 - ii. Groups, including employees and customers, must consist of no more Participants than the current numbers specified by the state for group gatherings while engaged in physical activity, as described in Health Mandate 016 – Attachment K, including guides.
 - iii. For vessel specific activities, such as rafting, group size will follow the capacity limits outlined in Health Mandate 016 - Attachment J: Fishing Charters <https://covid19.alaska.gov/wp-content/uploads/2020/05/05072020-Phase-II-016-Attachment-J-Revised-Fishing-Charters.pdf>
- f. Spectators (Organized Sports and Activities)
- i. The Organization must follow the facility’s mitigation plan regarding spectators.
 - ii. The Organization must communicate and enforce the facilities rules about spectators.

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- g. Physical Distancing between non-household members
 - i. Physical distancing for athletic events and participants should occur as much as possible between non-household members.
 - ii. Spectators should maintain social distancing protocol between non-household members.
 - iii. Organizations will assist the facility in setting up visual indicators of proper spacing in appropriate areas, including at check-in stations and along sidelines.
 - iv. Cloth face coverings for Participants should be encouraged, according to Health Alert 010 – Recommendations Regarding the Use of Cloth Face Coverings
http://dhss.alaska.gov/dph/Epi/id/SiteAssets/Pages/HumanCoV/SOA_04032020_HealthAlert010_ClothFaceCoverings.pdf
- h. Locker Rooms: The Organization must follow the facility’s mitigation plan about locker rooms or close the locker room.
- i. Entry, exit, and waiting areas
 - i. The Organization must follow the facility’s mitigation plan about entry, exit, or waiting areas.
 - ii. Organizations should stagger arrival and pick up times to limit contact between non-household members.
- j. Restrooms and portable toilets. The Organization must follow the facility’s mitigation plan about restrooms and portable toilets.
- k. Results, door prizes and awards (Organized Sports and Activities)
 - i. In-person results viewing locations (kiosk), prize distribution, and awards ceremonies must be addressed in the mitigation plan or not be available in-person.
 - 1. Results should be available on-line.
 - 2. Door prize winners can be identified ahead of time and distributed during check-in, mailed, or picked up at a future date.
 - 3. Ceremonies can occur virtually or winners identified or notified electronically.

III. Hygiene, sanitizing:

- a. Organizations must:
 - i. Designate an employee/volunteer on-site responsible for monitoring and following all sanitation protocols;
 - ii. Employees, officials/referees, coaches and support staff will help enforce all hygiene protocols;

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- iii. Provide handwashing capability or sanitizer; and
- iv. Prohibit sharing of food and drinks among non-household members.

b. Sanitization Protocols

- i. All Participants and staff should wash hands with soap and water or use an alcohol-based hand sanitizer if soap and water are not available upon entry to the indoor facility or outdoors, before joining the activities.
- ii. For outdoor activities, coaches and leaders must have an adequate supply of hand sanitizer available or provide a way for Participants to wash their hands with soap and water.
- iii. Organizations shall comply with CDC guidelines to the maximum extent reasonably feasible:
<https://www.cdc.gov/mrsa/community/environment/athletic-facilities.html> .
- iv. Organizations shall minimize contact between event staff, volunteers, and Participants to the extent reasonably feasible. Organizations shall:
 - 1. Designate an event staff volunteer on-site to be responsible for monitoring Participants to ensure all sanitation protocols and mitigation plan are followed from arrival to departure at a game or event;
 - 2. Hold check-in events outdoors or limit the number of Participants to the facility's current building (or room) capacity as defined in Health Mandate 016 – Attachment KI; and
 - 3. Consider mailing pre-event or pre-season packets that provide sanitation protocols and mitigation plans.
- v. Food and Hydration
 - 1. Food and refreshments for Participants will be prohibited unless addressed in the mitigation plan.
 - 2. If hydration is provided; Organizations shall encourage single-use bottles.

IV. Staffing and Operations

a. Organizations must

- i. Provide training for employees and volunteers regarding the business's COVID-19 Mitigation Plan and state mandates.
- ii. Establish a plan for employees getting ill and a return-to work plan following CDC guidance, which can be found online at:
<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>
- iii. Employees and volunteers are strongly encouraged to wear cloth face coverings in accordance with Health Alert 010 – Recommendations

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Regarding the Use of Cloth Face Coverings

http://dhss.alaska.gov/dph/Epi/id/SiteAssets/Pages/HumanCoV/SOA_04032020_HealthAlert010_ClothFaceCoverings.pdf

- b. Health status screening – employees and volunteers
 - i. Conduct pre-shift staff health screening of on-site staff and maintain staff screening log. Employees and volunteers may not come to work, provide in-person or on-site services who:
 - 1. Are exhibiting the current CDC recognized [symptoms](#) consistent with COVID-19;
 - 2. Has knowingly been in contact with a suspected or positive case of COVID-19 within the past 14 days;
 - 3. Are within 72 hours of exhibiting significant [symptoms](#) or a fever;
 - 4. When in recovery from a case of COVID-19, are within 14 days from onset or less than 72 hours since the end of significant [symptoms](#) or fever; and
 - 5. Have not been in the state for 14 days symptom free as long as [Health Mandate 10.1](#) – International and Interstate Travel – Order for Self-Quarantine is in effect.

V. Cleaning and Disinfecting

- a. Cleaning and disinfecting must be conducted in compliance with CDC protocols weekly or, in lieu of performing the CDC cleaning and disinfecting, an Organization may shut down for a period of at least 72 consecutive hours per week to allow for natural deactivation of the virus, followed by site personnel performing a comprehensive disinfection of all common surfaces.
- b. When an active employee is identified as being COVID-19 positive by testing, CDC cleaning and disinfecting must be performed as soon after the confirmation of a positive test as practical. In lieu of performing CDC cleaning and disinfecting, the Organization may shut down for a period of at least 72 consecutive hours to allow for natural deactivation of the virus, followed by site personnel performing a comprehensive disinfection of all common surfaces.
- c. CDC protocols can be found online at: <https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html> and <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>