

# Reopen Alaska Responsibly Plan

## Alaska COVID-19

Individual responsibility and independence



### Decisions about when to move between phases will depend on:

- 1. Epidemiology:** Tracking disease trends and burden (morbidity and mortality)
- 2. Testing:** Monitoring overall testing volume and changes in the percent of positive tests at the community, regional, and statewide levels
- 3. Public health capacity:** Monitoring cases and conducting contact investigation for confirmed cases
- 4. Health care capacity:** Ensuring hospitals have adequate capacity and supplies to care for COVID-19 patients and other patients needing urgent care

Phase	Key Components	Protective Guidelines To Slow Transmission
<b>Phase I</b> <b>Implementation</b> <b>April 24, 2020</b>	<ul style="list-style-type: none"> <li>• Most non-essential businesses reopen, with safeguards</li> <li>• 25% capacity for most businesses, and allowances for outdoor services</li> <li>• Small gatherings of fewer than 20 allowed, with social distancing</li> <li>• Social distancing, table spacing, no waiting rooms</li> <li>• Elective medical services available, with limitations</li> <li>• Suspended visitation will continue at state residential institutions</li> <li>• Bars and entertainment venues (i.e. theaters, bowling alleys, bingo parlors, gaming centers) remain closed</li> <li>• Interstate and international travelers still required to quarantine for 14 days upon arrival in Alaska</li> <li>• Schools remain closed to students through the end of the 2019-2020 school year</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Continue social distancing.</b> Stay at least six feet away from non-household members. Keep your social circle as small as possible.</li> <li>• <b>Cloth face coverings</b> are strongly encouraged in public and around non-household members.</li> <li>• <b>Wash your hands frequently</b> and regularly clean frequently-touched objects and surfaces.</li> <li>• <b>Minimize social interactions</b> while supporting businesses by ordering online, using pick-up, take-out and home delivery services and using cashless and receipt-less payment options.</li> <li>• <b>Stay home and isolate yourself from others if you're sick.</b> If you have symptoms that could be COVID-19, contact a health care provider to get tested as soon as possible.</li> <li>• <b>Individuals should consider their personal level of risk.</b> Alaskans 65 and older or anyone with underlying health conditions should continue to minimize their exposure to others, including household members who have returned to work or are going out in public.</li> <li>• <b>Continue to encourage telework.</b></li> <li>• <b>Pre-shift screening of employees.</b></li> <li>• The less contact we have with others, the less chance we have of spreading the virus to others.</li> </ul>
<b>Phase II</b> <b>Implementation</b> <b>May 8, 2020</b>	<ul style="list-style-type: none"> <li>• 50% capacity for businesses such as retail, restaurants, personal care and offices</li> <li>• 25% capacity for gyms, bars, libraries and theaters</li> <li>• Swimming pools open to 50% of pool capacity</li> <li>• Walk-ins allowed for restaurants and bars</li> <li>• Social and religious gatherings of up to 50 people, including non-household members (with social distancing)</li> </ul>	
<b>Phase III</b> <b>Implementation date TBD</b>	<ul style="list-style-type: none"> <li>• 75% capacity for most businesses</li> <li>• Larger gatherings allowed, including non-household members</li> </ul>	
<b>Phase IV</b> <b>Implementation date TBD</b>	<ul style="list-style-type: none"> <li>• Personal protective measures with minimal community mitigation measures</li> </ul>	
<b>Phase V</b>	<ul style="list-style-type: none"> <li>• Normal business practices</li> </ul>	



May 6, 2020

*Alaska Wins When We Work Together.*

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## How will Alaskans know it's safe to lift restrictions?

The Reopen Alaska Responsibly Plan establishes **four basic metrics** that will be tracked by the Alaska Department of Health and Social Services (DHSS) to determine if restrictions should be eased, continued or rolled back to a more restrictive phase in order to protect public health. In addition to assessing these metrics on a state-wide basis, we will also consider regional differences. Importantly, each metric will be considered in the context of the other metrics. For example, measures of the level of disease activity are likely to be affected by the amount of testing that is being conducted.

Metric	What we need to achieve to safely move to a less restrictive phase	Selected information we will track in order to monitor how we are doing*
<b>Disease activity</b>	A consistently declining or stable level of COVID-19 activity in Alaska	<ul style="list-style-type: none"> <li>• Number of new cases</li> <li>• Proportion of emergency room visits that are due to symptoms compatible with COVID-19</li> <li>• Number of new hospitalizations for confirmed COVID-19 patients</li> <li>• Number of confirmed cases relative to the number of tests conducted</li> <li>• Proportion of cases without a known source of transmission (i.e., community transmission)</li> <li>• Geographic distribution of cases</li> <li>• Number of travel-associated cases</li> </ul>
<b>Testing capacity</b>	Enough capacity and access for quick and sufficient COVID-19 testing	<ul style="list-style-type: none"> <li>• Number of tests conducted</li> <li>• Average turn-around time for tests</li> <li>• Availability of specimen collection materials (e.g., swabs, transport media, and PPE)</li> <li>• Number of analyzers (i.e., machines) for testing</li> <li>• Availability of testing reagents</li> </ul>
<b>Public health capacity</b>	Enough capacity to investigate, contact trace, and monitor everyone with COVID-19, plus their contacts	<ul style="list-style-type: none"> <li>• Number of active cases that are being investigated</li> <li>• Average number of contacts per case</li> <li>• Time lag between symptom onset, case reporting, and isolation</li> </ul>
<b>Health care capacity</b>	Enough space, equipment, and supplies for personnel to safely and effectively care for everyone with COVID-19, plus everyone else who needs health care	<ul style="list-style-type: none"> <li>• Number of COVID-19 patients who are currently hospitalized, and in the ICU</li> <li>• Availability of beds (inpatient and intensive care) and ventilators</li> <li>• Availability of personal protective equipment at hospitals and long-term care facilities</li> </ul>



\*The specific indicators we monitor will likely evolve over time because of changes in data availability and the development of tools and best practices for analyzing data related to COVID-19

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May 14, 2020